



3rd Annual Lancer Track & Field Invitational

- Date: Friday, May 11, 2018
- Location: Eastridge High School
2350 E. Ridge Road
Rochester, NY 14622
- Time: 4:30PM (4:15 Coaches meeting)
- Facilities: 8 lane all-weather track with steeplechase pit, 2 LJ/TJ pits, 1 PV pits, 1 HJ mats, 1 shot/discus circle. 2,500 seat stadium for team and spectator viewing with bathrooms located under stadium.
- Entry Fee: \$100 per single gender team (plus a voucher) **THE FIRST 16 PAID SCHOOLS
\$175 for both boys and girls team (plus a voucher) WILL BE ENTERED IN MEET.**

Please send payment to:
***East Irondequoit Athletic Office
Attn. Sean Curynski
2350 E. Ridge Road
Rochester, NY 14622***

Make checks payable to:
“Eastridge All Sports Boosters”

**Please email intent to participate by Friday, April 27th to:
Sean_Curynski@eastiron.monroe.edu**

- Entries: Entries will be done online through Yentiming.com.
I will email you when the entry window will be available for you to enter your team online.
- Each team will be allowed to enter 4 athletes for all laned events (4 girls & 4 boys) and unlimited entries for non-laned events.
- In the field events, you may enter 3 boys and 3 girls per field event.
Athletes will be allowed to do 4 events.

Results: Fully Automated Timing provided by Yen timing and results will be posted on Yentiming.com

Awards: Team Trophies-
Boys Winning Team Scoring- 10, 8, 6, 5, 4, 3, 2, 1
Girls Winning Team Ribbons 1- 8 in each event

Other: Concession stand will be open
T-shirts will be available for sale
Spectator parking on school campus
Bus parking will be in front of the school parallel to Ridge Road



Order of Events: All running events will be conducted as finals. Sections, lanes and flights will be seeded according to entry times or distances. Sections will run from slow to fast. All athletes in running events will wear a hip number.

Track Events

G/ 100m Hurdles
B/ 110m Hurdles
G/ 2000m Steeple (*Unlimited entries*)
B/ 3000m Steeple (*Unlimited entries*)
G/ 4x100m Relay
B/ 4x100m Relay
G/ 4x400m Relay
B/ 4x400m Relay
G/ 1500m Run (*Unlimited entries*)
B/ 1600m Run (*Unlimited entries*)
G/ 100m Dash
B/ 100m Dash
G/ 400m Dash
B/ 400m Dash
G/ 3000m Run (*Unlimited entries*)
B/ 3200m Run (*Unlimited entries*)
G/ 400m Hurdles
B/ 400m Hurdles
G/ 800m Run
B/ 800m Run
G/ 200m Dash
B/ 200m Dash
G/ 4x800m Relay
B/ 4x800m Relay

Field Events

Boys Discus/Girls Shot Put, then...
Boys Shot Put/Girls Discus

All athletes will get 3 throws. Top 9 athletes advance to finals and get 3 additional throws.

Boys Long Jump (East pit)
Girls Long Jump (West pit)

Boys Triple Jump (West pit)
Girls Triple Jump (East pit)

Girls High Jump (Start at 4' 00")
Boys High Jump (Start at 5' 00")

Girls Pole Vault (Start at 7' 00")
Boys Pole Vault (Start at 8' 00")



Eastridge Lancer Track & Field Invitational Meet Records

Boys Events	Name	Grade	Record	School	Year
100m Dash	Kelly Brown	12	11.07	Wilson	2016
110m Hurdles	Kelly Brown	12	14.74	Wilson	2016
200m Dash	Kelly Brown	12	21.95	Wilson	2016
400m Run	Jaquil Baxter	10	51.26	Robert Brown (Edison)	2016
400m Hurdles	Warren Carter	12	58.97	Aquinas	2016
800m Run	Alec Andrews	10	2:01.06	Brockport	2016
1600m Run	Josh Roman	12	4:31.07	Fairport	2015
3000m Steeple	Dawson Bathgate	11	10:15.02	East Rochester	2015
3200m Run	Mike Mallow	11	9:56.19	Fairport	2015
4X100m Relay			44.30	Uprep	2015
4X400m Relay			3:33.80	Uprep	2016
4X800m Relay			8:17.67	Fairport	2015
Boys Events	Name	Grade	Record	School	Year
Long Jump	Roman Sagan	11	20' 01.75"	Brockport	2016
Triple Jump	Roman Sagan	11	42' 07.00"	Brockport	2016
High Jump	Earnest Edwards	11	6' 03"	Aquinas	2015
Pole Vault	Trevor Delly	11	12' 06"	Eastridge	2016
Shot Put	Devon Koepp	12	52' 03.00"	Batavia	2015
Discus	Devon Koepp	12	156' 02.00"	Batavia	2015

Year	Winning Team	Points
2018		
2017	<i>Meet cancelled due to Construction!</i>	
2016	Brockport	113
2015	Batavia	140.50



Eastridge Lancer Track & Field Invitational Meet Records

Girls Events	Name	Grade	Record	School	Year
100m Dash	Camille Dixon	11	12.73	HAC	2015
100m Hurdles	Alana Morrow	12	15.74	Mercy	2016
200m Dash	Camille Dixon	11	25.95	HAC	2015
400m Run	Emem Ikpot	12	58.87	Mercy	2015
400m Hurdles	Justina Sanders-Schifano	12	1:05.78	Sodus	2015
800m Run	Grace Kibler	10	2:29.12	Attica	2016
1500m Run	Grace Kibler	10	4:59.56	Attica	2016
2000m Steeple	Alex Carpenter	12	7:53.67	Webster Thomas	2016
3000m Run	Madeline Shellard	10	10:41.96	Irondequoit	2016
4X100m Relay			49.88	Webster Schroeder	2015
4X400m Relay			4:12.17	Batavia	2015
4X800m Relay			10:08.64	Mercy	2015
Girls Events	Name	Grade	Record	School	Year
Long Jump	Justina Sanders-Schifano	12	16' 09.00"	Sodus	2015
Triple Jump	Leanna Harris	11	33' 03.00"	Eastridge	2015
High Jump	Tamia White	09	5' 00"	Sodus	2015
Pole Vault	Alexis Duggan	11	9' 00"	Webster Schroeder	2015
Shot Put	Tara Meyer	12	32' 08.75"	Attica	2016
Discus	Gabrielle Bell	12	103' 08.00"	Fairport	2015

Year	Winning Team	Points
2018		
2017	<i>Meet cancelled due to Construction!</i>	
2016	Mercy	185
2015	Mercy	110