



# Spartan Invitational



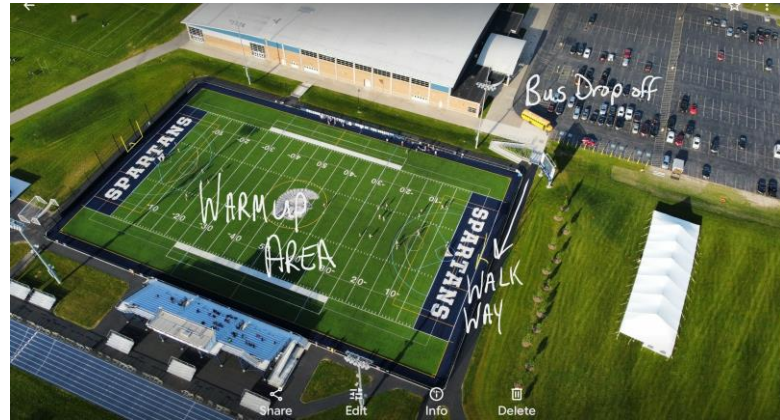
**1st Annual Gates Chili Spartans Invitational**  
**Saturday, May 29, 2021 - Field events will start promptly at 10:00am**

## COVID Information Sheet

1. Gates Chili High School would like to welcome you to this year's GC Spartans Track and Field Invitational. Listed below are protocols that must be followed to run a safe meet. The cooperation of the coaches and athletes will be appreciated.
2. We regret that we CAN NOT allow spectators from visiting teams to this meet. Only parent volunteers working the invite will be allowed. Please sign up for events [using this signup link](#). We will start promptly at 10am.
3. Masks need to be always worn when not competing. We will create areas on the outside of the track for teams to set up, allowing for proper social distancing. Tents without sides are allowed.
4. Athletes in the field events must wear their masks. In the running events, a mask must be worn until the athlete may no longer tolerate it, per NYS Health Department.
5. To streamline runners getting their hip numbers, we will be using a self-serve system, like indoor track. *Numbers are in the northeast corner warm up area between the track and the turf field.* Have the athlete look up their event, heat, and hip number, and then pick up what they need. Hip numbers are NOT needed in the field events.
6. The warmup area is on the Artificial Turf field directly behind the Track.
7. Water will not be turned on at the track, so athletes need to bring their own water or energy drinks. There will be no concession stands at the meet. If there is an emergency and an athlete does not bring water, we will have a limited amount of water for hydration purposes.
8. Rest rooms will be available inside a new 3-bathroom trailer on the northeast corner adjacent to the track.
9. Hand sanitizer will be available around the track and field areas.
10. Tents are permitted, but we will not allow walls to be put up. Tent city is on the South side of the track on grass.
11. T-shirts will be sold on the south side of the stadium. Cotton shirts will be \$12, performance shirts \$15.
12. A medical trainer will be available on the infield near High Jump.
13. Coaches are responsible to make sure that their athletes adhere to all the safety protocols during the meet (masking, distancing etc.)
14. Garbage, tape, and hip numbers MUST be the responsibility of Coaches and Athletes.
15. No one is allowed on the In-Field Grass!!



# Spartan Invitational



## Busing:

- Please drop off athletes at the stadium using the route shown on the maps above.
- Bus drivers will have access to the Jr./Sr. High School cafeteria and restrooms via door #9 in the bus parking lot located behind the Jr./Sr. High School.



# Spartan Invitational



*Saturday, May 29<sup>th</sup>  
10:00am  
Gates Chili Spartans Stadium  
1 Spartan Way, Rochester, NY 14624*

## **Facility:**

- Brand new 8 lane blue track
- 2 horizontal jumping pits
- 1 pole vault pit
- Separate turf warm-up area
- Racewalk and Steeple will be contested
- No Pentathlon



## Order of Events

### Track

*B/G Combined 1500m racewalk*  
G 100m hurdles  
B 110m hurdles  
G 4 x 800m relay *championship*  
B 4 x 800m relay *championship*  
G 100m  
B 100m  
B 3000m steeplechase  
G 2000m steeplechase  
G 400m  
B 400m  
G 1500m  
B 1600m  
G 4 x 100m relay *championship*  
B 4 x 100m relay *championship*  
G 400m hurdles  
B 400m hurdles  
G 800m  
B 800m  
G 200m  
B 200m  
G 3000m  
B 3200m  
G 4 x 400m relay *championship*  
B 4 x 400m relay *championship*

### Field

-Girls and Boys Long Jump, followed by Triple Jump  
-Boys Pole Vault first, followed by Girls  
-Girls Shot Put followed by Boys  
-Boys Discus followed by Girls  
-Boys High Jump followed by Girls

### Awards

Medals top 3 places in all individual events.

### ***Relay championships:***

1<sup>st</sup> place (medal and t-shirt), 2<sup>nd</sup>-3<sup>rd</sup> place medals

### ***Team Scoring:***

Trophies for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place

Scoring: 10, 8, 6, 5, 4, 3, 2, 1

### **Rules:** ¼ inch spikes

No athletes in the infield.

Warm-ups on turf adjacent to track

No concessions

### **Field Events:** 4 attempts for Long, Triple, Shot, Disc

High Jump girls starting height 4'0" , boys 4'10"

Pole Vault girls starting height 6'0" , boys 7'6"