

Dear Coach:

The Campbell-Savona Schools and the Twin Rivers Sports Club will be hosting the **Virtual Holly Hain Memorial Relays** on **the week of May 17-21, 2021**. If you are interested in participating please return this to us by May 1. If we do not hear back from a coach we will assume you are not interested.

Relay events will be 9 running relay race events, and all field events (2 athletes/event), and a steeplechase race and a co-ed 4x100 Wightmans' relay. Order of events with the distances in each race are listed on page 2. Run the events one night in practice during the week of May 17-21 and email your teams performances to us no later than Saturday May 22. We will compile the results and mail out medals and ribbons the following week. Medals for first place, ribbons second to eighth places.

Entry fee is \$150.00. Checks payable to the "Twin Rivers Sports Club" and mailed to 5137 Savona-Campbell Rd., Campbell, NY 14821. Entry fee is due no later than May 1 or pay an additional late charge of \$50.00.

PLEASE FILL OUT THE SLIP BELOW, CLIP IT OFF, AND RETURN IT AS SOON AS POSSIBLE IF YOU WOULD LIKE TO PARTICIPATE.

Yours in track and field,

Erica Tims, C-S Boys Track & Field Coach

Kevin Rosko, C-S Girls Track & Field Coach

etims@cscsd.org

roskokfp@stny.rr.com

PLEASE RETURN NO LATER THAN May 1

School: _____ Boys – yes no Girls – yes no

Girls Coach (print): _____ Email: _____ Phone: _____

Boys Coach (print): _____ Email: _____ Phone: _____

School: _____ A.D.: _____ Email: _____

Return to Kevin Rosko, C-S Girls Track Coach, 5137 Savona-Campbell Rd., Campbell, N.Y. 14821 or email to roskokfp@stny.rr.com

Holly Hain Memorial Relays

Relay Order-of-Events

(Girls then Boys)

Boys HJ, Girls PV, B&G discus and Triple Jump.....9:45 am
3200 M Relay (G & B).....800x800x800x800.....10:15 am
400 M Relay (G, B).....100x100x100x100.....10:35 am
Distance Medley (G & B).....800x400x1200x1600.....10:45 am
800 M Relay (G, B).....200x200x200x200.....11:10 pm
Boys Steeplechase.....3000 Meters.....11:20 pm
Sprint Medley (G, B).....200x100x100x400.....11:35 pm
Shuttle Hurdles (G, B)....100Hx100Hx100Hx100H.....11:50 pm

(Girls 30" and boys 36")

Mid. Dist. Medley (G, B).....400x200x200x800.....12:10 pm
Girls Steeplechase.....2000 Meters.....12:25 pm
6400 M Relay (G & B).....1600x1600x1600x1600.....12:40 pm
1600 M Relay (G, B).....400x400x400x400.....1:10 pm
Weightmans Relay.....100Gx100Gx100Bx100B.....1:25 pm