

## TROJAN INVITATIONAL

DATE: APRIL 15<sup>th</sup> 2023

TIME: 10 A.M.

SITE: ALEXANDER CENTRAL, 3314 Buffalo St. Alexander, N.Y. 14005

Facility:

6 Lane all-weather surface (1/8 inch spikes, only)

2 Horizontal Jump Pits, 2 Vertical Jump Pits

Entry Restrictions:

3 entries in all events

Athletes can enter 4 events

1 Relay team per school

1<sup>st</sup> 16 schools will be accepted. Team cut-off will be April 9<sup>th</sup> 2023

AWARDS:

Team Scoring Trophy-1<sup>st</sup> Boys and 1<sup>st</sup> Place Girls –Large and Small

Medals for 1<sup>st</sup> place in each event for Large and Small

Ribbons for 2<sup>nd</sup> thru 6<sup>th</sup> place

Entry Deadline:

April 12<sup>th</sup> : Make Entries at [yentiming.com](http://yentiming.com) by 8:00 pm

FEE SCHEDULE:

\$175.00/school- Boys and Girls' Teams

\$125.00/school- If only Boys or Girls

Individual entry-\$15.00/event, \$30.00/relay

Pay TO: Alexander Varsity Club-Track and Field; Alexander Business office, 3314 Buffalo St. Alexander, N.Y. 14005

Questions: Contact Andrew Buckenmeyer(585)506-6497; [abuckenmeyer@alexandercsd.org](mailto:abuckenmeyer@alexandercsd.org) ; Linda Hume(65hume@gmail.com) or Paul Hazard(Athletic Director) 591-1551 ext.2304

**IMPORTANT:**

You must set-up an account with Yentiming, if you do not have one.

**Field Events:**

4-long/triple jumps-open pit (long jump -11:00 to 12:30) (triple jump- 1:00-2:30)

3-Throws-shot/disc-open pits (girls discus, boys shot-10:00-11:30),(girls shot, boys discus 1:00-2:30)

**Starting Heights:**

Girls' HJ 3'8", Boys' HJ 4'8" Girls' PV 6' 0", Boys PV 7'6"

**ORDER OF EVENTS:**

9:15-Coaches' Meeting

10:00 A.M. on the Track

Pent 100 Hurdles

100 Hurdles Finals

Pent. 110 Hurdles

110 Hurdle Finals

Girls 4x400 Finals

Boys 4x400 Finals

1600 Meter Final

Girls 4x100 Finals

Boys 4x100 Finals

Girls 4x100 Throwers Relay Final

Boys 4x100 Throwers Relay Final

1500 Meter Final

Girls 400 Meter Final

Boys 400 Meter Final

3200 Meter Final

Girls 100 Meter Final

Boys 100 Meter Final

3000 Meter Final

Girls 400M Hurdles Final

Boys 400M Hurdles Final

Girls Frosh/Soph Medley Relay (800-200-200-400)

Boys Frosh/Soph Medley Relay (800-200-200-400)

Girls 800 Meter Final

Boys 800 Meter Final

Girls Pent. 800M if ready

Boys Pent. 1500M if ready or 15 min Break

Girls 200 Meter Final

Boys 200 Meter Final

Girls 4x800 Finals

Boys 4x800 Finals

10:00 A.M. in the Field

Girls' PV, Boys' to follow

Boys' HJ, Girls' to follow

Girls' Discus (10:00-11:30-open pit)

Boys' Shot (10:00-11:30-open pit)

Girls' Shot (1:00-2:30-open pit)

Boys' Discus (1:00-2:30- open pit)

Boys and Girls Long Jump (11:00-12:30)

Boys and Girls Triple Jump (1:00-2:30)

Pentathlon

Boys-110H,LJ,Shot,HJ,1500M

Girls-100H,LJ,Shot,HJ, 800 M