

Section V Class B5 Sectional Championship Meet
Thursday, May 23 5:00pm
Marion High School

Arrival time 3:00 PM. Please do NOT arrive prior to 3:00.

TENTS can be set up in the grassy area behind the bleachers near the tennis courts.

Weigh-ins for discus and shot put will be held near the concessions area inside the garage/outbuilding. **There are no weigh-ins for the pole vault.**

Officials Meeting will be held near the finish line at 4:15.

Coaches Meeting will be held near the finish line at 4:30.

Scratch forms and appeals forms will be available at the coaches' meeting and should be turned in to the Head Referee.

Scratch Rule - If an athlete scratches an event on the day of the meet then they are done from that point on.

Infield Access Athletes will be able to warm up in an assigned area inside the track. This area will be marked off with Caution Tape. ONLY competing athletes will be allowed inside the track. Coaches will be permitted inside the track to coach their athletes in the field events taking place in that area (the pole vault and the high jump). They will be allowed to help athletes establish their steps BUT then must move out of the competition area once athletic competition begins. We will try to establish a coach's box for those two events. After that, coaches are only permitted in the infield if they need to speak to the Head Referee or the Meet Director.

Competition Area – Electronic devices will not be allowed in the competition areas. Athletes who fail to abide by this rule will be disqualified from their event.

Coaches will be allowed near the competition area to assist their athletes in the Shot Put, Discus, Long Jump and Triple Jump.

The regular High Jump for Both Boys and Girls will begin at the conclusion of the Pentathlon High Jump.

Boys and Girls Long Jump, Girls Discus, Boys Shot and Boys Pole Vault will start at 5:00 sharp.

Warm-up times: Pole Vault 30 minutes, High Jump 20 minutes, Long Jump, Triple Jump, Shot Put and Discus will all be 15 minutes.

FIELD EVENTS Starting first: Long Jump Girls and Boys
Girls Discus
Boys Shot Put
Boys Pole Vault

The first events will all start at 5:00.

Girls and Boys High Jump will start after the Pent HJ

FIELD EVENTS going second: Boys Discus
Girls Shot Put (after Pent SP)
Boys and Girls Triple Jump after Pent LJ

There will be Four Jumps and Four throws for athletes in the Long, Triple, Shot and Discus.

Field Event Athletes will check in at the site of their event.

Check out time for all field events is 15 minutes.

Pentathlon Order of Events:

Girls: 100 Hurdles, High jump, Shot Put, Long Jump, 800

Boys: 110 High Hurdles, High Jump, Shot Put, Long Jump, 1500

Pentathletes will have three attempts in the Long Jump and the Shot Put.

Running Events will be Girls then Boys.

We will follow the Order of Events listed in the Section V Handbook Appendix for Sectionals.

Running Event check in will be held near the white athletic trainer's tent. Athletes should get their hip pad numbers and place them on their left hip for FAT timing. Jerseys should be tucked in, uniform rules apply. ATHLETES ARE RESPONSIBLE FOR BEING AT THEIR APPROPRIATE STARTING LINE to report to the clerk before their running event.

Athletic tape is permitted for marking use on the track, High Jump and Long and Triple Jump runways. Please remove the tape when your event has concluded.

Athletes are not permitted to jump fences.

ELECTRONIC DEVICES ARE NOT ALLOWED IN COMPETITION AREAS!

800: run in two heats, one turn stagger
1500: waterfall start
1600: one turn box stagger
3000: one turn box stagger
3200: one turn box stagger
2000 Steeplechase: waterfall start
3000 Steeplechase: waterfall start
4x400 Relay: three turn stagger
4x800 Relay: waterfall start

Vertical events starting Heights and Increments:

Boys Pole Vault:

Start at 6'0 by 6" to 10'0 then by 3 inches

Girls Pole Vault:

Start at 5'6, then go by 6" to 6'6" then by 3 inches

Girls High Jump:

3-9, 4-0, 4-2, 4-4, 4-6, 4-8, 4-10, 5-0 then by 1 inch

Boys High Jump:

5-0, 5-3, 5-6, 5-8, 5-10, 6-0 then by 1 inch

Each school has an assignment as listed below. Please bring a volunteer(s) to assist. If one is not provided, the coaching staff will be expected to fill-in to help.

<i>Boys Discus</i>	Marion
<i>Girls Discus</i>	Houghton Academy
<i>Boys Shot Put</i>	CG Finney
<i>Girls Shot Put</i>	Fillmore
<i>Boys Long Jump</i>	Arkport/Canaseraga
<i>Girls Long Jump</i>	Hammondsport
<i>Boys Triple Jump</i>	East Palmyra Christian
<i>Girls Triple Jump</i>	ND Batavia
<i>Boys High Jump</i>	Avoca/Prattsburg
<i>Girls High Jump</i>	Scio/Friendship
<i>Boys Pole Vault</i>	Jasper-Troupsburg
<i>Girls Pole Vault</i>	Jasper-Troupsburg
<i>Boys Pentathlon</i>	HAC
<i>Girls Pentathlon</i>	Genesee Valley/Belfast
<i>Hurdle Crew</i>	Mt Morris
<i>Announcer</i>	Marion?/GVBC
<i>Scoring</i>	F. A. T.
<i>Awards</i>	Lyndonville
<i>Award T-Shirts</i>	Northstar
<i>Programs Sales</i>	
<i>Admissions</i>	Marion
<i>Jury of Appeals</i>	Mancuso, Lathrop, Rosko