# Spartan Squad Championships <br> *See below for layout of this unique meet and opportunity for your athletes to shine! 

Hosted by Gates Chili Spartans
Saturday, May 71th, 2024 10:00am
Gates Chili Spartan Stadium
1 Spartan Way, Rochester, NY 14624

Facility:
-8 lane navy blue track
-2 horizontal jumping pits
-2 high jump pits
-Turf warm up area
Meet Details:
-3 entries per event
-Pentathlon -1 entry per gender
-Relays- 1 entry per gender
-Racewalk is non-scoring and starts at 9:45am
-Timing (F.A.T.)- entries made through yentiming.com
-Entry Deadline is Thursday, May 9 at 8pm
-Meet T-shirts for sale
-Food/drink concessions available
Scoring/Awards:
-Medals 1st - 3rd
-Top 6 finishers score (10-8-6-4-2-1)
-Pentathlon champions special award
-Overall Boys Team/Girls Team Trophy
-"Squad" Awards based on combined points from
boys/girls teams (see below for further info)


## Email intent to: pltindal@gmail.com

Entry Fee: $\$ 300$ combined team,
$\$ 200$ single gender team,
\$20/individual, \$40/relay
1 official's voucher
Checks mailed by: May 5
Checks Mailed to:
1 Spartan Way,
Rochester, NY 14624
Checks made out to:
Gates Chili Central School District
Attn: Track Invitational

Track Order (g/b).
Coed 1500m Racewalk
Girls Pent 100H, then 100 H
Boys Pent 110 H , then 110 H
$4 \times 800 \mathrm{~m}$ Relay
100 m
3000 m Steeplechase
2000m Steeplechase
400m
1600m
1500m
$4 \times 100$ Relay
400H
800m
200m
3000m
3200m
Pent $800 \mathrm{~m} / 1500 \mathrm{~m}$
$4 \times 400 \mathrm{~m}$ Relay

Field Order
Boys LJ and Girls LJ
followed by Boys TJ and Girls TJ

Boys Shot, Girls Discus followed by
Girls Shot, Boys Discus
Boys and Girls HJ
(to be contested after Pent HJ)
Girls PV
followed by
Boys PV

## Mock Squad Championships Scoring

Team A

| Sprints | points |
| :---: | :---: |
| 100m | 12 |
| 200m | 8 |
| 400m | 4 |
| 100/110mH | 10 |
| 400 mH | 4 |
| 4x100m | 0 |
| 4x400m | 6 |
| Squad Total: | 44 |
| Distance |  |
| 800m | 2 |
| 1500/1600m | 15 |
| 3000/3200m | 6 |
| Steeplechase | 0 |
| 4x800m | 2 |
| Squad Total: | 25 |
| Jumps |  |
| Long Jump | 4 |
| Triple Jump | 14 |
| High Jump | $2$ |
| Pole Vault | 1 |
| Squad Total: | 21 |
| Throws |  |
| Shot Put | 2 |
| Discus | 4 |
| Squad Total: | 6 |

Team A Jumps Squad earns a plaque.

Team B

| Sprints | points |
| :--- | :--- |
| 100 m | 2 |
| 200 m | 4 |
| 400 m | 2 |
| $100 / 110 \mathrm{mH}$ | 6 |
| 400 mH | 2 |
| $4 \times 100 \mathrm{~m}$ | 2 |
| $4 \times 400 \mathrm{~m}$ | 10 |
| Squad Total: | 28 |
|  |  |
| Distance |  |
| 800 m | 16 |
| $1500 / 1600 \mathrm{~m}$ | 8 |
| $3000 / 3200 \mathrm{~m}$ | 12 |
| Steeplechase | 10 |
| $4 \times 800 \mathrm{~m}$ | 6 |
| Squad Total: | 52 |
|  |  |
| Jumps |  |
| Long Jump | 2 |
| Triple Jump | 4 |
| High Jump | 2 |
| Pole Vault | 0 |
| Squad Total: | 8 |
|  |  |
| Throws |  |
| Shot Put | 14 |
| Discus | 8 |
| Squad Total: | 22 |
|  |  |

Team A Distance
Squad earns a plaque.

Team C

| Sprints | points |
| :--- | :--- |
| 100 m | 6 |
| 200 m | 10 |
| 400 m | 12 |
| $100 / 110 \mathrm{mH}$ | 12 |
| 400 mH | 8 |
| $4 \times 100 \mathrm{~m}$ | 6 |
| $4 \times 400 \mathrm{~m}$ | 6 |
| Squad Total: | 60 |
|  |  |
| Distance |  |
| 800 m | 4 |
| $1500 / 1600 \mathrm{~m}$ | 0 |
| $3000 / 3200 \mathrm{~m}$ | 0 |
| Steeplechase | 4 |
| $4 \times 800 \mathrm{~m}$ | 4 |
| Squad Total: | 12 |
|  |  |
| Jumps |  |
| Long Jump | 4 |
| Triple Jump | 4 |
| High Jump | 2 |
| Pole Vault | 0 |
| Squad Total: | 10 |
|  |  |
| Throws |  |
| Shot Put | 22 |
| Discus | 14 |
| Squad Total: | 36 |

Team A Sprints and Throws Squad earns a plaque.

