



## **47<sup>TH</sup> HIS & HER INVITATIONAL**

**SATURDAY APRIL 27<sup>TH</sup> 2024**

Sponsored by Churchville-Chili Central School and  
the Greater Rochester Track & Field Officials Association

Dear Coach,

You and your team are invited to the 47<sup>th</sup> HIS & HER Invitational at Churchville-Chili Central School. This invitational has seen many host sites in its time from Franklin, Canandaigua, Victor, Penfield and now Churchville-Chili. This meet has a rich tradition and has been one of the finest invites and one of the longest running in Section V.

As has been the case in the past, we will have special awards handed out in honor of some of Section V greats. We are honored again to be presenting the Trent Jackson Memorial Award to the 100m dash champions, the Cedric Walker Award given to the 400m hurdle champions, the Bob Goodell Memorial Award to the 3000m/3200m champions, and in recognition to one of the meet founders and long-time meet director, the Lance Bush Award to the champions in the pentathlon.

We hope you can attend our invitational. Please see attached event information and how to register.

Sincerely,

Dennis Pynn, Churchville-Chili Coach  
Lawrence Lewis, Churchville Chili Coach  
Dave Hennessey, Co-Meet Director  
Lance Bush, Co-Meet Director  
Rick Smith, President of the Great Rochester Track & Field Officials Association

## **47TH HIS & HER INVITATIONAL - Saturday, April 27<sup>th</sup> 2024**

- Starting Time:** 10:00am
- Coaches Meeting:** 9:25am on the infield near the finish line
- Entry Limits:** 20 boys teams and 20 girls teams will be accepted  
Two athletes per event with the exception of the Pentathlon (only 1 pentathlete per gender per school) and the Race Walk which is unlimited and non-scoring)  
One relay per school  
An athlete may compete in 4 events
- Intent to Participate:** Send your intent to participate to Dennis Pynn at [dpynn@cccsd.org](mailto:dpynn@cccsd.org) by April 1st
- Entry Deadline:** Thursday April 25th, 8:00pm  
Entries must be submitted through Yen Timing Services
- Scoring:** 10-8-6-5-4-3-2-1
- Individual Awards:** T-shirts for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place and Ribbons for 4<sup>th</sup> - 8<sup>th</sup> place  
MVP Track (boy/girl) and MVP Field (boy/girl)
- Team Awards:** 1<sup>st</sup> - 5<sup>th</sup> place (combined scoring boys & girls)
- Entry Fee:** \$300.00 if you are entering both a boys and girls team  
\$200.00 for a single gender team.  
If you are entering only one or two athletes the cost is \$25.00 per athlete, and \$50.00 per relay
- Make checks payable to:** Churchville-Chili Central School
- Send checks to:** Michael Murray, CMAA  
Director of Health, PE & Athletics  
Churchville-Chili Central School  
139 Fairbanks Road  
Churchville, NY 14428
- Other Info:** Fully Automatic Timing for all running events  
1/4 spikes are allowed  
Blocks provided or you may use your own  
Concession stand and or Food Trucks will be available  
Souvenir shirts will be on sale  
Results will be posted on Yen Timing and Section V Track
- Questions:** Dennis Pynn at 585-330-0686 or [DPynn@cccsd.org](mailto:DPynn@cccsd.org)

Track Events	Field Events
Girls Pent 100m hurdles	For both horizontal jumps and throws 4 trials with no finals.
Girls Championship 100m hurdles	
Boys Pent 110m hurdles	
Boys Championship 100m hurdles	Long Jump (2 pits)
4x800m relay (g/b)	Triple Jump (2 pits)
Trent Jackson Memorial 100m (g/b)	
Girls 2000m steeple	Shot Put (g/b)
Boys 3000m steeple	Discus (b/g)
400m (g/b)	
Girls 1500m	Pole Vault (2 pits) Girls starting at 7' 0"
Boys 1600m	Boys starting at 8' 6"
4x100m relay (g/b)	
Cedric Walker Memorial 400m hurdles (g/b)	High Jump (2 pits) follows the Pent
800m (g/b)	Girls starting at 4' 0", Boys starting at 5' 0"
200m (g/b)	
Bob Goodell Memorial girls 3000m	Pentathlon Order:
Bob Goodell Memorial boys 3200m	Hurdles – HJ – SP – LJ – 800/1500
4x400m relay (g/b)	<i>-Pent LJ will be contested in the pit next to the</i>
Pent 800/1500 will be inserted when ready	<i>Women's PV if that event is completed.</i>
4x400m CO-ED relay (2 boys & 2 girls)	<i>Will try not to interrupt the open TJ</i>
Combined Mile Race Walk (non-scoring)	