



2024 JOHN REED INVITATIONAL

Canisteo-Greenwood Elementary School

Canisteo NY

SATURDAY, APRIL 13, 2024

DATE: Saturday, April 13, 2024

START TIME: 10:00 am | 9:30 am Coaches meeting

LOCATION: Canisteo-Greenwood Athletic Field
Canisteo-Greenwood Elementary School | 120 Greenwood St,
Canisteo, NY 14823

ENTRY FEE: Boys and girls teams **\$200**
Individual boys or girls teams **\$100**

Make checks/vouchers payable to:

'Canisteo-Greenwood Central School District'

Mail to:

William S. Drake, Athletic Director

Canisteo-Greenwood High School | 84 Greenwood Street | Canisteo, NY 14823

DEADLINE: I need to know if you will be attending by Wednesday March 20, 2024
How will I know you are attending?

Please send Gerry Amidon an email at glamidon@gmail.com. Please include what teams you are entering (boys/girls/both). Be sure to include your cell phone number with the email.

ENTRIES: We will be using Yen Timing for our entries
Three athletes may be entered per event, one relay
Entries are due at Yen Timing by Wednesday, April 10, 2024

TRACK: 6 lanes, spikes 1/4" | Meet will be run under NYSPHSAA rules

AWARDS: Overall Team trophy (b/g), medals for first place; ribbons for second through sixth place finishers in each event

SEEDING: (1) F.A.T. will be provided by Wellsville Track and Field. All athlete entries will be completed on Yen Timing.
(2) Scratches will be allowed, but no additions. Also, there will be no reseeding if athletes are scratched!



ORDER OF EVENTS

TRACK EVENTS

100/110 hurdles

4x800 relay

100 m

400 m

1500/1600 m

4x100 relay

400 Hurdles

800 m

200 m

3000/3200 m

4x100 throwers' relay (non-scoring G-G-B-B)

4x400 relay

FIELD EVENTS

High Jump (boys, then girls)

Discus (girls, then boys)

Shot Put (boys, then girls)

Pole Vault (girls begin, boys join at starting height)

Long Jump

Triple Jump (after long jump)