

4th Annual Mercy Track & Field Invitational



April 13, 2024

- Location:** Abby Wambach '98 Track & Field
1437 Blossom Road, Rochester, NY 14610
- Start Time:** **10:00AM**
- Entries:** Email intent to participate to Mercy AD by **April 4th** spenepent@mercyhs.com
Enter to YenTiming by **April 11th** **8:00 pm**
- Fees:**
1. **\$150 per team (plus 1 voucher)**
 2. **\$100 per single-sex team (plus 1 voucher)**
 3. **\$20 per individual participant if team is not participating**
- Checks Payable to:** **Our Lady of Mercy**
% Mercy Athletic Department
1437 Blossom Road
Rochester, NY 14610
- Awards:** Places 1-3 will receive medals in relay and individual events
Places 4-6 will receive ribbons (via team envelope)
Overall team winners boys/girls gets a special Team Prominence Crystal Cup Trophy
Special Awards for overall winner for 200m & 3000/3200m
- Entry Limits:** **3 Individual events per athlete or 2 individual and a relay**
Two relay teams per gender, per event
- Order of events:** 4x800 Relay
100/110 Hurdles
100 Meter
400 Meter
1500/1600 Meter
4x100 Relay
400 Hurdles
800 Meter
200 Meter
3000/3200 Meter
4x400 Relay
Field events: Shot/Disc, HJ/TJ/LJ, Pole Vault

Sponsors: Awards Podium and special events presented by Rochester Running Company