

Section Five Top 10 All-Time Outdoor Performers

Updated June, 2024

Note: Performances need to take place in a sanctioned high school meet during the recognized high school season, from the first contest in the spring to the day after the N.Y. State Championships.

Boys 100m Dash

| | |
|--------------|---|
| 10.46 | Jermaine Stafford (Franklin, 1994) |
| 10.3+ | Trent Jackson (Franklin, 1961) |
| 10.3 | Jermaine Holloway (Marshall, 1995 City-Catholic) |
| 10.56 | Dwayne McClary (East, 1996) |
| 10.56 | Jordan Mann (Lyndonville, 2007 state meet) |
| 10.58 | Spencer Carter (Fairport, 2007 H&H) |
| 10.58 | Andrae Hunter (Charlotte, 2014 state meet) |
| 10.59 | Maurice Jackson (Marshall, 1997 Class A Sectionals) |
| 10.62 | Mekhi Christen (Irondequoit-2023 Lancer Invite) |
| 10.63 | Brian Smith (Greece Athena/Odyssey 2013 qualifier) |
| 10.4+ | Bill O'Connell (Gates-Chili, 1971) |
| 10.4 | Bam McDonald (Rush-Henrietta, 1997 MCPHSAA) |
| 10.65 | Perrion Williams (Franklin, 2024 Class A1 Sectionals) |
| 10.67 | O.J. Singletary (University Prep-2023 Class B1 Championships) |

Stafford ran a wind aided 10.0 at the His and Her. As a sophomore he ran a 10.2 but was recorded on only 2 watches.
+ = converted 100 yd. dash time, all times in 10th are hand held, add .24 to convert to FAT

Girls 100m Dash

| | |
|--------------|---|
| 11.65 | **Lanae-Tava Thomas (Rush-Henrietta, 2018 Federation)) |
| 11.88 | Zilla Higgs (East, 1991 state meet) |
| 11.7 | Lisa Horton (East, 1985 state meet) |
| 11.94 | Catarra Burroughs (Wilson, 2014 state meet) |
| 12.02 | Doreisha Davis (Penfield, 1997 Class A Sectionals)) |
| 12.04 | Krissy Wolcott (Oakfield-Alabama, 2001) |
| 11.8 | Kela Jackson (Wilson Magnet, 2002 Spring Breakout) |
| 11.8 | Ese Ejaife (Brighton, 1999 State Meet) |
| 11.8 (w) | Courtney Lattimore (East High, 2000 qualifier) |
| 12.03 | Tamara Dorval (Pittsford Mendon 2024 A2 Sectionals) |
| 12.05 | Melody Harloff (Victor-2023 Class A1 Sectionals) |
| 12.06 | Sametra Kelly (Edison, 2008 MOC) |
| 12.08 | Crystal Graham (Edison, 2009 MOC) |
| 12.08 | Madeline Kopp (Spencerport, 2013 Qualifier) |

Boys 200m Dash

| | |
|--------|--|
| 20.7+ | Bill O'Connell (Gates-Chili, 1971) |
| 21.02 | Ken Burke (East, 1985 state meet) # |
| 21.02 | Jermaine Stafford (Franklin, 1990 state meet) |
| 20.9+ | Greg Hayes (Marion, 1972) |
| 21.16 | Brian Smith (Greece Athena/Odyssey MCPHSAA 2013) |
| 21.22 | Kelly Brown (Wilson Magnet, 2016 state meet) |
| 21.25 | Andrae Hunter (Charlotte, 2014 state meet) |
| 21.31 | Noah Williams (McQuaid, 2017 state meet) |
| 21.1 | Mike Ford (East, 1992) |
| 21.2 | Antwoine Anderson (Franklin, 1994) |
| 21.2 | Bam McDonald (Rush-Henrietta, 1998 A Sectionals) |
| 21.2+# | Robert Pollock (Brighton, 1941) |
| 21.2 | Jermaine Blue (Penfield, his & Her 1993) |
| 21.47 | Norwood Hughes (Newark, 2022 A2-B1 Sectionals) |

+ + converted 220 yd times, ^ - dead heat in same race # - run on a straight away

Girls 200m Dash

| | |
|--------------|---|
| 23.42 | **Lanae-Tave Thomas (Rush-Henrietta, 2017 state meet), state meet and state record) |
| 24.29 | Doriesha Davis (Penfield, 1997 Class A sectionals) |
| 24.1 | Lisa Horton (East, 1986) |
| 24.2+ | Ronnie Wilson (East, 1978 City Championships) |
| 24.53 | Djeynada Thiam(Edison Tech, 2019 state meet) |
| 24.3 | Zilla Higgs (East, 1991) |
| 24.64 | Irene Evans (East, 1987 state meet) |
| 24.66 | Brianna Cromartie (Aquinas, 2008 A Sectionals) |
| 24.75 | Jamiee McClary (Mercy, 2007 state meet) |
| 24.78 | **Ay'ranna Moore (Churchville-Chile, 2022 His & Her) |

Boys 400m Dash

| | |
|--------------|--|
| 46.81 | Brycen Spratling (Webster Schroeder, 2010 state meet) |
| 46.6 | Mike Ford (East. 1992 His & Her) |
| 47.07 | O.J. Singletary (University Prep-2023, NY State Championships) |
| 47.53 | Jake Palermo (Hilton, 2024 state qualifier) |
| 47.79 | Jacob Miller (Brockport, 2022 State Meet_Fed.) |
| 47.6 | Maurice Hill (Franklin, 1991 His & Her) |
| 47.86 | Thomas Evans (Franklin, 1993 state meet) |
| 47.93 | Joe Greene (Edison Tech, 2005 state meet) |
| 47.99 | Jaquil Baxter (Edison Tech, Class AA Sectionals) |
| 48.30 | Simon Lamparelli (Attica-2023 NY State Championships) |

Girls 400m Dash

| | |
|-------|--|
| 52.69 | ***Sammy Watson (Rush-Henrietta, 2015 state meet) |
| 54.58 | **Vanessa Watson (Spencerport, 2017 state meet) |
| 54.68 | Ceara Watson (Rush-Henrietta, 2015 state meet) |
| 54.99 | Madeline Kopp (Spencerport, 2013 State Meet) |
| 55.23 | Brianna Cromartie (Aquinas, 2008 Arcadia (Cal.) Invite) |
| 55.34 | Kelley Johnson (Monroe, 1985) |
| 55.93 | Sheena Davidson (East High, 2000 State Meet) |
| 55.7 | Karen Elliot (Penfield, 1993 MCPHSAA) |
| 55.12 | Sharisse Gaskins (East High, 2008 A Sectionals) |
| 55.9 | Kim Batten (East, 1987 AA Sectionals) |

* Laurie Stephens – Brockport, 1974 – ran a **53.8** 440yds as a member of the boy's team in 1974, and a **52.8** in a summer meet at the Canadian National Exhibition in 1974.

Boys 800m Run

| | |
|---------|---|
| 1:50.96 | **Ben Bulkeley (Fairport, 2017 state meet, state meet record) |
| 1:51.05 | Brad Sumner (McQuaid, 1989) |
| 1:51.7 | Tom Horton (McQuaid, 1976) |
| 1:52.31 | Andrew Pirnie (Hilton – 2011 MOC) |
| 1:53.01 | Eric Fontanez (2009, Hilton, state meet) |
| 1:53.11 | ***Mike Mallow (Fairport, 2016 state meet) |
| 1:53.53 | Alex Morey (McQuaid, 2024 Qualifier) |
| 1:53.57 | Nico Bellavia (Victor, 2018 States) |
| 1:53.6 | Doug Gunzelman (Fairport, 1998 MOC) |
| 1:53.6 | Phil Hoey (Pittsford, 1980) |
| 1:53.90 | John Elliot (McQuaid, 2024 Qualifier) |

-Brad Sumner, McQuaid, ran a 1:50.76 at the Keebler meet , an after season meet, in 1983
-Eric Kendrick, McQuaid , ran a 1:54.2 880 yd. in 1966, prior to McQuaid joining Section Five
-Mike Mallow – Fairport – ran a 1:52.28 at the New Balance Nationals on June17, 2016

Girls 800m Run

| | |
|---------|--|
| 2:04.89 | Sammy Watson (Rush-Henrietta, 2015 Claqss AA sectionals) |
| 2:09.3 | Asia Henry (Wilson Magnet, 2009 Brighton Relays) |
| 2:09.86 | Haley Riorden (Rush-Henrietta, 2018 States) |
| 2:11.43 | Hayleigh Palloti (Livonia, 2016 Livonia Invite) |
| 2:11.47 | Zoe Marcus (Fairport-2023 NY State Championships) |
| 2:12.31 | Anna Kostarellis (ChurchvilleChili, 2017 Class AA) |
| 2:12.43 | Mindy Sawnor (Greece Athena, 2009 MOC) |
| 2:12.83 | Sharon Roberts (Penfield, 1985) |
| 2:12.94 | Allison Snyder(Honeoye Falls-Lima, 1993 state meet) |
| 2:12.97 | Rachel Hosmer (Brighton, 1985) |

-Sammy Watson , Rush-Henrietta, ran a 2:03.54 at the IAAF World Youth Championships in Cali, Columbia on July 19th, 2015 while winning the Gold medal.

-Sammy Watson ran a 2:03.06 in a meet in New Hampshire on June 2, 2016 On June25 Sammy ran a 2:02.91 to win the USATF Junior National Championship. This is an Olympic Qualifying standard performance.

Sammy Watson ran a 2:01,47 at the Perfontaine and a 2:00.78 at the Addias Meet, both in 2017 when she ended her high school career.

-Ceara Watson ran a 2:08.61 at the New Balance Nationals, June 19, 2015 in a post season championship.

Boys 1600m Run

| | |
|---------|---|
| 4:07.4 | +Chris Horton McQuaid,(Golden West, 1973) |
| 4:09.9+ | John Tuttle (Alfred-Almond, 1977 Louckes Games) |
| 4:11.7+ | Dan Supulski (Dansville, 1969) |
| 4:12.39 | Keith Pease (Greece Athena/Odyssey, 2013 state meet) |
| 4:12.5 | Grant Whitney (Penfield, 1974) |
| 4:12.87 | Stave Mangan (Honeoye Falls-Lima, 2010 state meet) |
| 4:13.2+ | David Norris (Geneva, 1974) |
| 4:13.83 | Mickey Burke (Rush-Henrietta, 2014 AA Sectionals) |
| 4:14.46 | Vince Sherry (Victor, 1998 state meet) |
| 4:14.47 | Brian Lilly (Fairport, 1998 state meet) |
| 4:14,59 | Broden Haltiner (Newark, 2022 State Meet) |

+Chris Horton, McQuaid – ran a 4:07.4 during a 4:09 mile at the Golden West, the week graduation after in 1973.

Girls 1500m Run

| | |
|---------|--|
| 4:22.09 | **Sammy Watson (Rush-Henrietta, 2016 state meet) |
| 4:28.94 | Eileen O'Hara (Webster Thomas, 2013 state meet) |
| 4:30.13 | Katie Lembo (Penfield, 2013 MC quad.) |
| 4:32.75 | Shaylyn Tuite (Pittsford Mendon, 2011 MCPHSAA) |
| 4:32.7 | Becky Gallivan (Marion, 1985) |
| 4:33.08 | Annalee Capuano (Irondequoit, 2022 Monroe County Championhips) |
| 4:33.24 | Hayleigh Palotti (Livonia, 2018 State Qualifier) |
| 4:33.6 | Stacy Prey (Brighton, 1984 state meet) |
| 4:34.0 | Allison Snyder (Honeoye Falls-Lima, 1999) |
| 4:34.0 | Christa Downey (Livonia, 1999 MOC) |
| 4:34.2 | Sally Smith (Pittsford Sutherland, 1984 MOC) |

Boys 3200m Run

| | |
|----------------|---|
| 8:53.9+ | John Tuttle (Alfred-Almond, 1977) |
| 8:54.2+ | Grant Whitney (Penfield, 1982) |
| 9:02.13 | Mickey Burke (Rush-Henreitta, 2013 state meet) |
| 9:02.62 | Paul Dellinger (Brighton, 2017 Loucke's Game) |
| 9:03.87 | Nathan Lawler (Pittsford Mendon, 2017 Loucke's Games) |
| 9:07.56 | Pat Dupont (Fairport – 2008 State Meet) |
| 9:07.60 | **Sam Lawler (Pittsford Mendon, 2019 Louckes Games) |
| 9:07.96 | Jake Passalugo (Fairport, 2024 Laucks Games) |

9:09.21 Carl Mauro (Hornell, 1995 state meet)
9:09.0+ Jim Coddington (Greece Arcadia, 1977)
9:11.31 Cohen Miles-Rath (Wayland-Cohocton, 2011 state meet)

Girls 3000m Run

9:35.73 Amanda Vestri (Webster Thomas, 2017 state meet)
9:36.56 Stacy Prey (Brighton, 1985)
9:41.31 Shaylyn Tuite (Pittsford Mendon, 2010 state meet)
9:41.67 Katie Lembo (Penfield, 2013 state meet)
9:42.89 Eileen O’Hara (Webster Thomas- 2013 Runnin’ Rebel)
9:43.6 Deresa Walters (Penfield, 1987)
9:50.01 Sammy Watson (Rush-Henreitta, 2017 Hilton Cadet Invite)
9:55.51 Anna Kostarellis (Churchville-Chili, 2017 state qualifier)
9:56.0 Kim Trawitz (Fairport, 1985)
9:56.0 Sally Smith (Pittsford Sutherland, 1984 MOC)
9:56.34 Liz Cufari (Pittsford, 2004 state meet)

Boys 110m High Hurdles

13.92 George Pardner (Franklin, 1999 Class Championships)
14.08 Jahmahl Pardner (Aquinas, 2012 Class B Sectionals)
14.08 Terrell Gissendanner (Edison, 2004 MOC)
14.10 Brett Harrington (Edison, 2009 state meet)
14.18 Kelly Brown (Wilson Magnet, 2016 AA/A sectionals)
14.22 Roy Douglas (Pittsford Sutherland, 1982)
14.24 Eric Williams (Batavia, 2012 Class B Sectionals)
14.0 Ken Burke (East, 1985 state meet)
14.0 Haneef Sharif (Gates-Chili, 1997 MOC)
14.0 Bob Johnson (Madison, Sectionals, 1976)
14.29 Jim Sorel (Brockport, 2004 state meet))

Girls 100m High Hurdles

14.14 Allie VanBuren (Batavia, 2010 MOC)
14.17 Kela Jackson (Wilson Magnet, 2004 MOC)
14.27 **Anaya Dees (Hilton, 2019 state meet)
14.31 Lisa Taylor (East, 1990 state meet)
14.1 Nikki Kieliszak (Webster, 2000)
14.35 Kristen Kuehn (Greece Athena, 1993 AA Sectionals)
14.2 Lystra Bartolomew (Fairport, 1996)
14.31 Camryn Cole (Webster Schroeder-2023 NY State Championships)
14.45 Indya Richards (Gates-Chile, 2018 States)
14.51 Brooklyn Ventura (Waterloo, 2009 state meet-trials)

Boys 400m Intermediate Hurdles

52.81 Rob Skidmore (Alexander, 2004 state meet)
53.74 Terrel Gissendanner (Edison, 2004 AA Sectionals)
54.00 Michael Bayley (Victor, 2019 state qualifier)
54.10 Mike Roberts (Fairport, 1980 state meet)
54.13 Nate Waye (Geneva, 1989 state meet)
54.15 Greg Utley (Webster Schroeder, 1986 state meet)
54.29 Zach Zeller (Greece Athena, 2009 MCPHSAA)
54.31 Adrian Turner (Rush-Henrietta, 2009 MCPHSAA)
54.32 O.J. Singletary (University Prep-2023, Qualifier)
54.33 Alex Egeli (Batavia, 2014 state meet)

Girls 400m Low Hurdles

| | |
|---------|--|
| 58.57 | **Vanessa Watson (Spencerport, 2018 Monroe County Championships) |
| 1:00.13 | Karen Elliot (Penfield, 1993 state meet) |
| 1:00.14 | Kristen Kuehn (Greece Athena, 1993 state meet) |
| 1:00.68 | NaTasha Greggs (Wilson Magnet, 2010 state meet) |
| 1:00.77 | Justina Sanders-Schifano (Sodus, 2015 state meet, Federation race) |
| 1:00.86 | Doriean Broady (Wilson Magnet, 2010 state meet) |
| 1:00.94 | #Kim Batten (East, 1987 state meet)) |
| 1:01.65 | Brooklyn Ventura (Waterloo, 2008 state meet) |
| 1:01.66 | Maddie Pitts (Victor-2022 Victor MCPHSAA)) |
| 1:01.80 | **Sinead Sargeant (Fairport, 2017 state meet) |

Kim Batten held the world record in the 400m hurdles for several years and won the silver medal in the 1996 Atlanta Olympics.

Boys 400m Relay

| | |
|-------|--|
| 40.73 | Franklin (1993 state meet – Garfield Ellenwood, Thomas Evans, Antwoine Anderson, Jermaine Stafford) |
| 41.0 | Franklin (1992, His and Her – Jon Johnson, Garfield Ellenwood, Shawn Howard, Jermaine Stafford) |
| 41.71 | Rush-Henrietta –Matthew Blue, Miles Boykins, Jason Boykins, Tamaree Haygood) (2019 Class AA) |
| 41.74 | Greece Olympia (2013 state meet - Desmond Mobley, Craig Hardgers, Ja’marie Jefferson, Carnell Nobel) |
| 41.80 | East (2006 state meet – Brent McGill, Ezekiel Porter, Vinson Hixson, Alton McKinney |
| 41.82 | University Prep (2023-NY State-OJ Singletary, Juelz Russell, Jayvon Johnson, Christopher Jean) |
| 41.87 | East (1985 state meet – Darnell Dunbar, Ken Burke, Terry Richards, LaVonne Richards) |
| 41.90 | Rush-Henreitta (Myles Calhoun, Lukas D’Alfonso, Kobe Lewis, Anthony Brinson, 2017 state meet) |
| 41.91 | Marshall (1997 MOC) |
| 41.7 | Franklin (1991 MOC – Jermaine Stafford, Garfield Ellenwood, Charles Green, Maurice H |

Girls 400m Relay

| | |
|-------|---|
| 46.61 | Rush-Henrietta(Stephanie Nwachi, Jaelyn David, Oumou Donzo, Lanae-Tave Thomas, 2018 Fed.) |
| 47.40 | Rush-Henrietta (Stephanie Nwachi, Tori Thompson, Adama Donzo, Lanae-Tava Thomas, 2016 states) |
| 47.74 | Rush-Henreitta (2015, Qual.- Lanas-Tava Thomas, Tori Thompson, Adama Donzo, Stephanie Nwachi) |
| 48.06 | Edison (2000 – Linda Williams, Charrise Everett, Laquita Thomas, Sheena Davidson) |
| 48.25 | Edison (2009 Moc – Sametra Kelly, Ashley Brooks, Danielle King, Crystal Graham) |
| 48.36 | Rush-Henrietta (2014 State Qualifier- Adama Donzo, Tori Thompson, Lanae-Tava Thomas Tiaja Jeffries) |
| 48.37 | Webster-Schroeder (2024 MCPHSAA))(Ava Hatfield, Rebecca Schroeder, Jordan Smith, Jenna Swick) |
| 48.39 | Franklin/NE/SOTA/WOI (2024 State Qualifier) Kah’Liyah Borges, Anais Martinez, Julia Carver, Ahonesty Henderson |
| 48.46 | |
| 48.2 | East (1986-Charlotte Nesmith,Kelley Johnson, Yauneek Jackson, Lisa Horton) |
| 48.49 | Gates-Chili (Indya Richards, Brianna Randolph, Dyonte Allen, SherDavesia Jacgue, 2017 state meet) |
| 48.51 | Edison (2006 Cities – Traquanda Brook, Neshay Maxwell, Sheleine Daniels, Najia McGee) |

#Same four girls ran a 47.74 at the 2015 state qualifier. It is the 3rd fastest time all-time. It is not in the list because the make up of the relay were the same 4 girls. This is a list of performers, not performances.

Boys 1600m Relay

| | |
|---------|--|
| 3:14.76 | Franklin (1993 – Garfield Ellenwood, Thomas Evans, Antwoine Anderson, Jermaine Stafford) |
| 3:17.51 | Rush-Henrietta-Giovan McKnight, Jason Boykins, Miles Boykins, Ben Hulbert (2019 state meet) |
| 3:17.64 | Franklin (1992 state meet – Thomas Evans, Antwoine Anderson, Jon Johnson, Garfield Ellenwood) |
| 3:18.64 | Edison (2009 state meet – Quinton Harley, Jonathan Santana, Mark Canady, Joseph Hlywa) |
| 3:19.15 | Rush-Henrietta (Stephen Beckham, Aiden Daniels, Ben Hulbert, Noah Brown, 2018 Qualifier) |
| 3:19.48 | Rush-Henrietta (Aiden Daniels, Noah Brown, Lukas D’Alfonso, Brandon George, 2017 state meet) |
| 3:19.51 | Hilton (2007 – MOC - Mike Giordano, Ben Wallace, John Picardo, Eric Fontanez). |
| 3:19.79 | East (1998 state meet) |
| 3:19.95 | Edison (2000 state meet) |
| 3:20.14 | McQuaid (2015 state qualifier – Atiba McLaren, Daneil Rooney, Noah Williams, Amari Lawrence) |

Girls 1600m Relay

| | |
|---------|---|
| 3:43.94 | Rush-Henrietta (2015 state meet-Lanae-Tava Thomas, Tori Thompson, Ceara Watson, Sammy Watson) |
| 3:48.99 | East (1986 state meet – Kim Batten, Irene Evans, Lisa Horton, Kelley Johnson) |
| 3:52.17 | Wilson Magnet (2009 state meet – NaTasha Greggs, Asia Henry Dorian Broady, Tara Murphy) |
| 3:52.26 | Wilson Magnet (2008 MOC – NaTasha Greggs, Asia Henry, Tara Murphy, Dorian Broady) |
| 3:52.52 | Rush-Henrietta (Milan Linzy, Haley Riorden, Stephanie Nwachi, Lanae-Tave Thomas, 2018 States) |
| 3:52.72 | Rush-Henrietta (2014 state meet- Ceara Watson, Emily Zeafla, Elvira Martinez, Sammy Watson) |
| 3:53.25 | Pittsford (1998 state meet – Colleen Doody, Courtney Harring, Meg Lewis, Kristen Doody) |
| 3:54.26 | Fairport (2008 MOC – Caitlin Cociova, Lauren Burke, Angela Ryck, Michelle Barnum) |
| 3:55.55 | Wilson Magnet (2009 moc – Natasha Greggs, Asia Henry, Dorian Broady, Tara Murphy) |
| 3:55.8 | Pittsford (1999 MCPHSAA – Colleen Doody, Alysia Evanitsky, Courtney Harring, Kristen Doody) |

Boys 3200m Relay

| | |
|---------|---|
| 7:43.66 | Rush-Henrietta (2011 state meet – Colby Burke, Alex Raymond, Andrew Sweeney, Mickey Burke) |
| 7:45.5+ | McQuaid (1975 state meet – Tom Lott, Tom Horton, Tim Lawrence, John Farrell) |
| 7:46.85 | Fairport (2016 state meet – Ben Bulkeley, Matt Orcutt, Mike Mallow, Nathan Markle) |
| 7:47.18 | Fairport (Ben Bulkeley, Sean Henretta, Samuel Shaver, Nathan Markle, 2017 state qualifier) |
| 7:47.76 | Webster Schroeder (2010 state meet – Anthony Piacentini, AJ Nasello, Brycen Spratling, Ben Ftau) |
| 7:48.11 | Honeoye Falls-Lima (2010 state meet – Kevin Hoose, Christian Cole, Alex Deir, Steve Mangan) |
| 7:48.4+ | McQuaid (1976 state meet – Dave Ama, Nathan Peck, Tom Lott, Tom Horton) |
| 7:49.13 | Victor (Nico Bellevia, Hunter Braun, Connor Preston, Andrew Schmuhl (2017 state qualifier) |
| 7:49.31 | McQuaid (1989 Hartford Invite, Scott Romanowski, Mickey Stone, Jason Fahy, Brad Sumner) |
| 7:49.47 | Fairport (1993 – Mike Reif, Adam Seavey, Teague Ruder, Jeff Brighton) |
| 7:49.9+ | McQuaid (1974 state meet, Tom Lott, Schaeffer, John Farrell, Tim Horton) |
| 7:50.16 | McQuaid (1988 state meet – Chris Cusack, Chris Adin, Scott Romanowski, Brad Sumner) |
| 7:50.19 | McQuaid (1985 state meet – Steve Rapp, Rob Smillie, Scott Paterson, Dave Warth) |

Girls 3200m Relay

| | |
|---------|---|
| 9:09.09 | Fairport (2009 state meet – Jen Spitzer, Angela Ryck, Jenny Springer, Lauren Burke) |
| 9:10.78 | Honeoye Falls-Lima (2006 MOC – Alex Mustrado, Meghan VonHouton, Liz Deir, Audrey Mangan) |
| 9:11.21 | Rush-Henrietta- Monica Gregg, Haley Riorden, Christina Gates, Lily Oliver (2019 state meet) |
| 9:14.69 | Rush-Henrietta (2008 – Laura Varble, Jamie Varble, Cassie DiMarino, Zarah Quinn) |
| 9:15.89 | Rush-Henrietta (2013 state meet -Emma Jones, Ceara Watson, Alex Cooper, Alana MacDonald) |
| 9:16.11 | Rush-Henrietta(Haely Riorden, Lily Oliver, Monica Gregg, Bailey Pierce(2018 States) |
| 9:17.92 | Hilton (2006 state meet – Allison Sawy3er, Caroline Schultz, Becca Ritchie, Shelby Herman) |
| 9:18.11 | Rush-Henrietta 2017 Royal Comet, Emma Canny, Monica Greeg, Haley Rioerden, Sammy Watson) |
| 9:18.67 | Webster Thomas (2011 MOC – Shavonna Hinton, Molly Halpin, Melissa Mazzo, Shannon O’Hara) |
| 9:18.71 | Honeoye Falls-Lima (1999 state meet, Stephanie Coles, Amber Dodzweit, Mary Iaculli, Allison Snyder) |

Boys 3000m Steeplechase

| | |
|---------|---|
| 9:02.56 | Noel Bateman (Aquinas, 2006 state meet (record) |
| 9:07.02 | Pat Dupont (Fairport – 2008 State Meet) |
| 9:09.88 | Brennan Root (Rush-Henrietta, 2013 state meet) |
| 9:11.24 | Tyler Ranke (Hilton, 2014 state meet) |
| 9:14.5 | John Tuttle (Alfred-Almond, 1977 Louckes Games) |
| 9:19.80 | Brady Fergusson (East, 2002 state meet) |
| 9:23.22 | Sam Lawler (Pittsford Mendon, 2019 Qualifer) |
| 9:23.77 | Jared Rousell (Webster Thomas, 2011 state meet) |
| 9:24.80 | Alex Deir (Honeoye Falls-Lima, 2009 state meet) |
| 9:25.16 | Dawson Bathgate (East Rochester, 2016 state meet) |

Girls' 2000m Steeplechase

| | |
|---------|---|
| 6:43.78 | Valerie Palermo (Webster Schroeder, state meet 2013) |
| 6:45.91 | Shaylyn Tuite (Pittsford Mendon, 2011 MOC) |
| 6:45.19 | Liz Deir (Honeoye Falls-Lima, 2006 BB Sectionals) |
| 6:50.78 | Leila Mantilla (Penfield, 2012 AA sectionals) |
| 6:51.22 | Allison Sawyer (Hilton, 2006 MOC) |
| 6:52.83 | Hannah Cole (Honeoye Falls-Lima, state meet, 2013) |
| 6:56.36 | Anna Kostarellis (Churchville-Chili, 2017 state meet) |
| 6:56.74 | Allison Hoh (Honeoye Falls-Lima, 2010 state meet) |
| 6:59.63 | Lauren Ferriman I (Fairport, 2004 state meet) |
| 6:58.12 | *Elsa Cole (Fillmore, 2016 state meet) |

Boys Pentathlon

| | |
|------------------|--|
| 3820 pts. | Kyle Rollins (Geneseo, 2017 state qualifier) |
| 3707 pts. | Tomaris Bell (McQuaid, 2009 City Catholic Championships) |
| 3629 pts. | Pat Meyer (Hilton, 2012 state meet) |
| 3484 pts. | Mike Dronk (Victor, 2009 state meet) |
| 3406 pts. | Adam Long (Bath-Haverling, 2004 MOC) |
| 3386pts. | Mike Weller (Wayne, 1998 Wayne County Championships) |
| 3382 pts. | Jordan Addison (West Irondequoit, 2011) |
| 3352 pts. | Andrew Omoriegie (Gates-Chili, 2006) |
| 3352 pts. | Ian Szemcsak (East Rochester, 2022 State Meet) |
| 3337 pts. | Melverton McFarlane (East, 1995 AA sectionals) |
| 3314 pts. | Tamaree Haygood (Rush-Henrietta, 2019 Elk Spring Day-Wellsville) |

Note: Craig Butler (Pittsford, 1991 MOC) scored 3307 pts. in 1991 probably with the old table

Girls Pentathlon

| | |
|------------|--|
| 3.492 pts. | Jadyn Mullen (Alexander-2023 NY State Championships) |
| 3435 pts. | Aposha Blocker (Brockport, 1994) |
| 3405 pts. | Kari Cleveland (Penfield, 1986 MOC) |
| 3363 pts. | Emily Lavarney (South Seneca, 2017 state meet) |
| 3299 pts. | Renee Schmidt (Newark, 1983) <i>old tables</i> |
| 3268 pts. | Makayla Binter (Greece Arcadia, 2016 state meet) |
| 3247 pts. | Michelle Galganski (Alexander, 1986 state meet) |
| 3244 pts. | Maddie Pitts- (Victor, 2022 Victor Pent/Steeplechase Invite) |
| 3237 pts. | Stephanie Hyde (Rush-Henrietta, 2018 States) |
| 3230 pts. | Holly Jones (Fairport, 1990) |

, - Sandi West, Livonia, 3222 pts. with the old table (1980 state meet),

Boys Shot Put

| | |
|---------------|--|
| 64'10" | Peter Northrup(Penfield, 2024 Federation) |
| 64'5.75" | Roger Taylor (Canandaigua, 1967) |
| 64'4.25" | Kevin Akins (Webster Schroeder, 1978) |
| 63'11" | Bill Dugan (Hornell, 1977) |
| 62'11.75" | Greg Reyner (Cardinal Mooney, 1983) |
| 61'00.25" | Matthew Auble (Warsaw-2023 Livonia Invite) |
| 59'9.5" | Anthony Ray (Batavia, 2018 Monro County Championships) |
| 59'6.75" | Dan Mastrella (Aquinas, 1976) |
| 59'4.75" | Dave Gross (Brockport, 2008 AA sectionals) |
| 58'11.5" | Jake McPherson (Rush-Henrietta, 2018 Federation) |

Girls Shot Put

| | |
|-----------------|--|
| 46'10.50" | LaTanya Parker (Newark, 1999) |
| 45'4" | Erica Williams (Batavia, 2012 Royal Comet) |
| 44'4.75" | Kaylee Oswald (Wellsville, 2024 State Meet) |
| 44'0 | Heather Wachob (Penn Yan, 1981 state meet) |
| 43'6" | **Monique Hardy (Webster Thomas, 2019 state meet) |
| 42'6" | Sue Livergood (Wellsville, 1988 MOC) |
| 42'2.50" | Antionette Johnson (East Irondequoit Eastridge 2009 A sectionals) |
| 41'10.50" | Paula Allen (Newark, 1994 Finger Lakes Invite) |
| 41'9.5" | **Rachel Koonman-Fairport (2019 Class AA Sectionals) |
| 41'8.5" | Victoire Kothor (2014 state qualifier) |

Boys Discus

| | |
|----------------|--|
| 188'03" | Matthew Auble (Warsae-2023 Livonia Invite) |
| 185'1" | Kevin Akins (Webster Schroeder, 1978) |
| 184'6" | Mike Taylor (East, 2002 MOC) |
| 183'11" | Peter Northrup (Penfield, 2024 MCPHSA) |
| 175'1" | Jason Rizzo (Newark, 1988 state meet) |
| 174'5" | Joe Loiacono (Greece Olympia, 1988 state meet) |
| 172'5" | Bob Good (Brockport, 1979) |
| 172'1" | Greg Reyner (Cardinal Mooney, 1982) |
| 169'2" | Mark Puev (Webster, 1987 state meet) |
| 168'8" | Sheldon Siverling (Batavia, 2024 State Qualifier) |

Matthew Auble met all the criteria to be on this list, however, since the implement was not measured it can not count as a sectional record. He does hold the sectional record with a throw of 186'3" at the Batavia Invite-2023.

- Rizzo is listed as the Finger Lakes league record holder with a 175'6"
- Bob Good, Brockport, throw a 173'5 in dual meet against Arcadia in 1979.
- Mike Cordes, Notre Dame, had a 178' throw prior to ND joining Section Five.

Girls Discus

| | |
|--------|--|
| 151'3" | LaTanya Parker (Newark, 1999 MOC) |
| 149'6" | Claire Dishong (Brockport, 2009 MOC) |
| 143'9" | Jen Jones (Arkport, 2004) |
| 137'3" | ****Brianna Young (Brockport, 2015 qualifier) |
| 136'2" | Amy Nichols (Newark, 1997 state meet) |
| 135'8" | Paula Allen (Newark, 1995 MOC) |
| 135'4" | Anna Schults (Hornell, 2001) |
| 134'9" | Madison Offhaus (Warsaw, 2018 Cal-Mum Invite) |
| 134'5" | Alyssia Smith (Wellsville, 2014 Falconer Invitational) |
| 133'4" | **Monique Hardy-Webster Thomas (2019 State Qualifier) |

Boys Long Jump

| | |
|--------------|--|
| 25'2" | Desmond Mobley (Greece Olympia, 2012 state meet) |
| 24'9" | Aiden Bryant (Midlakes, 2024 B1 Sectionals)% |
| 24'4" | Julius Gerald (Edison, 2001) |
| 24'1.5" | Joshua McCleary (Greece-Olympia, 2018 States) |
| 24'3.50" | John Lesure (Greece Athena, 1998) |
| 24'00.75" | Tamaree Heygood- Rush-Henrietta (2019 Class AA Sectionals) |
| 23'11" | Andre' McCloud (Bath-Haverling, 2008 LCAA) |
| 23'8.75" | Joe Greene (Edison, 2005) |
| 23'8.75" | Marcus McFadden-Gates-Chili (2019 Class AA Sectionals) |
| 23'8.50" | Tyler Rattray-Clyde-Savannah) 2016 CC/C Sectinals) |

% National Sophomore Record

Girls Long Jump

| | |
|------------------|---|
| 21'00" | **Lanae-Tava Thomas (Rush-Henrietta, 2017 Royal Comet) |
| 20'0.25" | Marlena Robinson (Brighton, 1997) |
| 19'8" | Kim Batten (East, 1987) |
| 19'8" | Camryn Cole (Webster Schroeder-2023 NY State Championships) |
| 19'1.5" | ***Anaya Dees (Hilton, 2018 Royal Comet) |
| 19'1.5" | Jillian Ambler (Fairport-2023, Qualifier Pentathlon) |
| 19'0.75" | Askieka Anderson (East, 1995 His and Her) |
| 19'00" | Makayla Binter (Greece Arcadia, 2016 state qualifier {pent}) |
| 19'00" | Cornitia Griffith (Webster-Schroeder, 2024 Webster Invite) |
| 18'11" | Jenn Gurrant (Batavia, 2005 MOC) |
| 18'10.75" | Lauren Curry-Wilburn (Webster Schroeder, 2024 State Qualifier) |
| 18'10.25" | Apasha Blocker (Brockport, 1994) |
| 18'9.75" | Jackie Blake (Greece Olympia, 1985) |

*** Lanae-Tava Thomas jumped 22'11" to win the 15-16 age Junior Olympic championship on July 27.2017**

Boys Triple Jump

| | |
|-----------|---|
| 51'5.25" | Gary Jones (Webster Schroeder, 2006 MOC) |
| 50'10.75" | Tobi Tella (McQuaid, 2016 state meet -Federation competition) |
| 49'7" | Rubin Owens (LeRoy, 2014 state meet) |
| 48'11" | Anthony Butler (2016 state meet) |
| 48'6.75" | Rickie Edwards (East, 1991) |
| 48'6.25" | Jermaine Blue (Penfield, 1993 His & Her) |
| 48'5.50" | Marcus Wilson (Greece Olympia, 1986 state meet) |
| 48'4" | Calvin Kirkland (Franklin, 2000) |
| 48'3.5" | *Maneul Sepulveda (East Rochester, 2022 W-FL Championships) |
| 48'2.75" | Dennis Jamison (Edison, 2004 AA sectionals) |

Girls Triple Jump

| | |
|------------|---|
| 41'5.50" | Marlena Robinson (Brighton, 1997) |
| 41'4.75" | Cornitia Griffith (Webster Schroeder-2023 NY State Championships) |
| 40'6" | Kim Batten (East, 1987) |
| 39'10.50 " | Andie Kopf (Spencerport, 1987 MOC) |
| 39'9" | **Anaya Dees-Hilton (2019 Class AA Sectionals) |
| 39'6.25" | Quayona Carithers (Clyde-Savannah, 2004 state meet) |
| 39'3.75" | Jenn Gurrant (Batavia, 2005) |
| 39'3" | **Nia Williams-Matthews – Aquinas (2019 State Qualifier) |
| 38'10.75" | Aiden Brennan (Harely-Allendale-Columbia, 2012 W-FL multi meet #6) |
| 38'8" | Deidra Foster (Lyons, 2000 state meet) |

****Webster Schroeder's Cornitia Griffith jumped 41'8.5" at the 2024 New Balance XChampionships after the season.**

Boys High Jump

| | |
|----------|---|
| 6'11" | Sergio Case (Palmyra-Macedon, 1990 state meet) |
| 6'10.75" | Tomaris Bell (McQuaid, 2008 MOC pentathlon) |
| 6'10" | Steve Pace (Spencerport, 1978 state meet) |
| 6'10" | Matt Cushman (Hilton, 2000 His & Her) |
| 6'10" | *Brandon Burke (Byron-Beregen/Elba, 2016 CC/C Sectionals) |
| 6'9" | John Howitt (Corning East, 1980 MOC) |
| 6'9" | Dan Moles (Red Jacket, 1994 D sectionals) |
| 6'9" | Luke Shafer (McQuaid, 2002 Spring Breakout) |
| 6'9" | Anthony Hariston (Webster ?, 2002 MOC) |
| 6'9" | Peter Bligh (Greece Arcdia, 2007 state meet) |
| 6'8.75" | Kyle Rollins (Geneseo, 2017 state qualifier {pent}) |
| 6'8" | Dave Herritt (Corning East, 1980) |
| 6'8" | Eric Fontanez (Hilton, 2008 MOC & 2009 state meet) |
| 6'8" | Steve Lindsay (Greece Athena, 1995 MCPHSA) |
| 6'8" | Desmond Mobley (Greece Olympia, 2012 MCPHSA) |

Girls High Jump

| | |
|---------|--|
| 5'11" | *Camryn Cole (Webster Schroeder, 2022 Monroe County Championships) |
| 5'8.50" | Kim DePrez (Fairport, 2002) |
| 5'8.25" | Carol Munger (Canandaigua, 1998) |
| 5'8" | Vivian Davis (Avoca, 1980 state meet) |
| 5'8" | Alayna Banks (Webster, 1998 A sectionals) |
| 5'8" | Holly Jones (Fairport,?) |
| 5'7.25" | Judy Ingham (Hilton, 1981 His & Her) |
| 5'7" | Sara Irwin (hornell, 1995 MOC) |
| 5'7" | LeNetta Banks (Victor, 1996 state meet) |
| 5'6.75" | **Danielle Fisk-Honeoye Falls-Lima (2019 State Qualifier) |
| 5'6.50" | Jennifer Lindsay (Honeoye Falls-Lima, 1989) |
| 5'6.50" | Julianne Lawnczak (Churchville-Chili, 2009 MOC) |

Boys Pole Vault

| | |
|----------|---|
| 16'2" | Andrew Park (Fairport, 2003 state meet) |
| 15'9" | Mike Dempsey (Gates-Chili, 2006) |
| 15'7" | Jeff Buttaccio (Midlakes, 2000) |
| 15'7" | Dylan DelConte(Gates-Chili, 2018 State Qualifier) |
| 15'7" | Noah Leathersich (Gates-Chili, 2024 MCPHSAA) |
| 15'6" | Nelson Rivera (Newark, 1999) |
| 15'4" | Mike Reynolds (Fairport, 2005 MOC) |
| 15'4" | Ethan Mcquire (Penfield, 2015 qualifier) |
| 15'3" | Nick Herman (Gates-Chili, 2004 AA sectionals) |
| 15'3" | Dustin Meyers –Gates-Chili (2019 State Meet) |
| 15'2.50" | Jason Dalhman (Aquinas, 1999) |
| 15'1" | Dave Fladd (Victor, 1987 state meet) |
| 15'1" | Jason Menzie (Byron-Bergen, 2000) |
| 15'0" | Kris Williams (Fairport, 2006 AA sectionals) |
| 15'0" | Max Curren (Williamson, 2014 W-FL Quad) |

Girls Pole Vault

| | |
|--------|--|
| 13'3" | ***Erica Ellis (Gates-Chili, 2017 state qualifier) |
| 13'1" | **Laura Reigle-Hilton (2021) |
| 12'7" | Karmen Auble (Warsaw, 2013 Runnin' Rebel) |
| 12'3" | Jennifer O'Neill (Fairport, 2004) |
| 11'10" | Earnei Burapan (Hilton, 2017 LeRoy Invite) |
| 11'9" | Zoe Camillaci (Hilton, 2013 MCPHSAA) |
| 11'7" | Ireland Armstrong (Bath-Haverling, 2013 LCAA) |
| 11'6" | Matlida Spagna (2023 Gates-Chili Class A1 Championships)% |
| 11'6" | Hayley Christano (Hilton, 2010 state meet) |
| 11'6" | Hannah Root (Honeoye Falls-Lima, 2016 state qualifier) |
| 11'6" | Cara Pellechia (Hilton, 2022 Monroe County Championships) |
| 11'6" | Paige Harding (Oakfield-Alabama/Elba B3 Sectionals) |
| 11'5" | Heide Tran (Gates-Chili, 2024 MCPHSAA) |
| 11'4" | ***Carli Kirkwood-Byron-Bergen (2019 Genesee Region Championships) |

%Italian age group record

8th grade state record

You can help.

This is a list of top performers, not performances. This list was generated from lists originally done by John Moriello of the Democrat and Chronicle. I have been maintaining it for the last 20+ years or so. I can use your help. Please look over these performances and let me know of any corrections or additions. Because this is a section wide list I am including only verified performances. Verified meaning performances generally from multiple team meets, most likely invitationals or championship meets. These meets can be verified by published results. **Since this is a spring track list, only performances during the spring season are considered. The spring season usually runs from the last week of March through to the day after the state meet.**

If you have any information on the listed performers or feel that someone has been omitted please let me know at sect5trac@frontiernet.net and I will investigate .

Thanks,

Lance Bush